

CERTIFICATE OF PARTICIPATION

This is to certify that

Mambile Frams

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

TIME 02:19:08

PACE 04:19/km

OVERALL 23 of 351

GENDER 21 of 233

**SENIOR (20- 16 of 118
39)**

27 October 2018, Sat

Date



BoutTime

Signature

